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September 2020 - Volume 33, Number 3

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Welcome, *|FNAME|* *|LNAME|*!

Continuum time! Hope you enjoy this issue! Thanks for subscribing.

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Keep Up With Us

Facebook

Website

Friends of La Leche League Board:

- Anne Hutton
- Randee Kaitcer
- Edna Kelly
- Sue Ann Kendall
- Gail Moak
- Susan Mocsny Thomas

Here's good stuff for 2020!

Welcome! What a year so far, right? It's a good thing we have our friends, including our La Leche League friends! Many Friends of La Leche League have come together to bring you this quarterly newsletter, which is your major benefit of membership (but not the only one!).

In this issue of Continuum the **big news** is that our website is all fresh, new and updated! You can now easily renew your membership, make a tribute, buy some of our beautiful pins, or let us know about a former Leader to add to We Remember. Now that we have this beautiful and easy-to-maintain site, you'll find more news and information there than ever before.

Notice something different? We have a new Board President! Welcome to Gail Moak! We also are happy to announce our second round of mini-grant awards, which is pretty exciting for our mission of continuing to support breastfeeding in the world. We also have some fun trips down memory lane (remember the conference quilt squares?) and, as always, a bunch of good book reviews.

But wait, there's more! We have our financial reports for you. As a nonprofit, we are obligated to share our financial status with you. The good news is that we will be ready for a trip, as soon as that seems feasible.

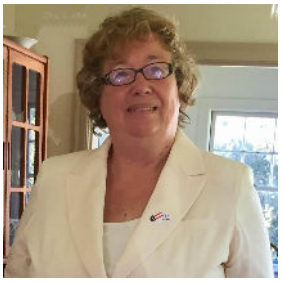
Now, more than ever, we want to bring back old friends and make new ones. Could you encourage one of your connections to join Friends of LLL? It's so easy to join, and you know the membership dues go to good things like our mini-grants and future programs. Share our membership page with your friends and let them know that you enjoy hearing from us four times a year.

Your editorial friend, Sue Ann Kendall

These beautiful statues and other representations of

nursing mothers are from the collection of Rebecca Keepers. Thanks for sharing!

Advice from the Board President



We welcome our new Board President, Gail Moak, or Oakland, California, USA! We have many plans in store and are glad she's here to help lead the way.

Dear *|FNAME|*,

Each of my three sons now has a child, so I'm the grandmother of three--16 months, 14 months, and two weeks. One family uses baby sleep sacks instead of blankets and has a regular bedtime routine, one family co-sleeps. Both breastfed for a year or more. All three had C-sections!

Someone asked recently on our **Facebook group** for tips for the new grandmother. I remember asking the same question two years ago and all the wise advice I received. A lot was about duct taping your mouth closed! I took that to heart and have given limited advice (my kids might remember it differently!). Imagine being new at breastfeeding, your baby is fussy at the breast and your mother-in-law, the retired LLL Leader, standing right there. I told her about the witching hour. One family stayed with me during shelter-in-place. Imagine being a new black mom quarantined with a white family and dealing with the fears of COVID-19 and the traumatic deaths of so many black people at the hands of the police. I am grateful for learning about listening--active listening--in La Leche League. Because listening is all I could give.

My newest granddaughter is in the NICU. Her parents couldn't hold her for the first 12 hours, and I told my son she would recognize and be calmed by their voices. Ten minutes later my son texted back, "Yes, the nurse confirmed what you said." I had to laugh. So much for my advice! Another nurse told them that in the NICU, they follow the baby's lead. Follow the child's lead: that's something we all learn as parents whether our children are babies or adults.

As a new mom, going to LLL meetings, I thought I was laying the groundwork for my children to have it easier. A wise friend (my former co-Leader Dale Allen Boland) reminded me that the most important lesson we learn as Leaders is backing off from the wish to make everything perfect and concentrating on what's really important. Now that's good advice.

Gail Moak
President@FriendsofLLL.org

Join us on our new adventures! And it's easier than ever!

Friends Board Update

The excitement is building around Friends of La Leche League. We've been so pleased at how well our social media campaigns are going, and in the past few months, we've made huge progress in other areas, as well.

We want to highlight a few things. One is that we have a full **report of our finances** for 2018-19 and 2019-20 for your review. Transparency is very important in nonprofit organizations, because we know you want to be sure your donations go where you want them to go.

The next bit of excitement is that we are awarding **our second set of mini-grants** to projects that help mothers help other mothers and babies around the world. You'll be impressed at the variety and creativity of our recipients.

And last, but not least, we now have a functional website that lets us keep in touch with all of you so much better, as well as let the rest of the world know we're out here trying our best to do good in the world.

Keep Your Membership Going and Encourage Others!

Your membership information has been loaded into our website store. To renew your membership, sign in using the following information:

Username or email: <email>
Password: Friend$2020 [we recommend that you change this password after you log in]

Sign in to renew **HERE**

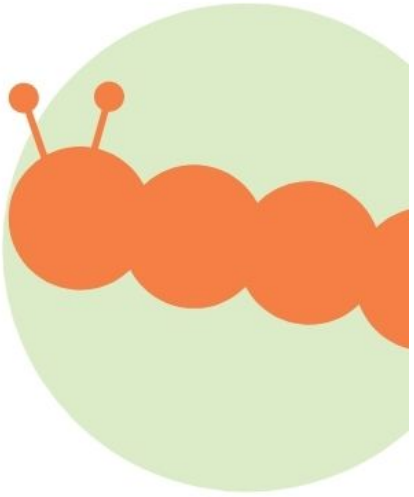
|FNAME| *|LNAME|*, your membership expiration date is *|MMERGE5|*.

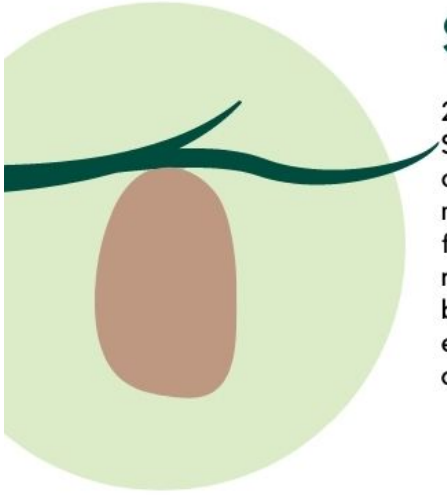
STAGE 1: AN OUT-OF-DATE WEBSITE

2017: Consulted with developers about best meeting our technical needs (e.g., WordPress vs. Drupal) and streamlining the 6-year-old, cluttered website. This led to many Alumnae Council discussions about the mission and goals of the LLL Alumnae Association.

STAGE 2: MISSION

We changed our name to Friends of La Leche League, updated our bylaws and revised our mission. And added a tagline--
A Lasting Connection.





STAGE 3: LOGO

2019: The Friends Board engaged Brad Stephens, a branding and design expert to create the logo. Brad wrote, "This crown is made of connected figures, which imply friendship, connection and support. The negative space between the figures can be seen as a drop of breastmilk and evokes the root mission of the organization."

STAGE 4: WEBSITE IS LAUNCHED!

2020: After extensive conversations, we were finally ready to circle back to the website. Now, you will be able to easily submit tributes, add to the "We Remember" list, read Continuum back issues, and purchase Leader pins, in addition to joining and renewing memberships

Our New Website is HERE

by Sue Ann Kendall, Continuum Editor

As the graphic points out, it's been quite a journey, but our Friends of La Leche League **website** is now up and running. It was important to us that a new and modern site be easy to use, expandable, and friendly to all our visitors. We're pretty sure we did it! Here are some highlights of what you can do when you check out our new public face:

- Join or renew your **membership** quickly and easily
- Order Leader **pins** to celebrate milestones
- Fill out a form to make a **tribute** to someone who helped you on your LLL journey
- Let us know of Leaders who have passed away, for our **We Remember** page and book
- Read **back issues of Continuum** (more coming!)
- See lots of photos and read highlights of past LLL Alumnae/Friends of LLL **trips** (some new!)
- When the time comes again, apply for mini-grants and sign up for trips with fellow Friends.
- **Contact us** to ask questions, provide feedback, or send news or information for upcoming issues of Continuum.

Mostly, though, we are grateful to have a site that's easy for us to maintain and improve as we grow and change. We have many new ideas to share with you, and as always, welcome your input. What would YOU like to see on the Friends of LLL site?

Thanks

The website didn't make itself, and it draws on a long history of volunteer and paid assistance. Our sincere thanks go to all who have helped us along the way! Those with asterisks beside their names are Leaders or former Leaders.

- Cathy Theys,* who created our first independent website, lllalumnae.org
- Susan Penrod Osterkil*
- Lowell Johnson
- Susan Smylie*

Here's a little about Susan Smylie, who developed our new site:

"I was a Leader for 13 years, always in Texas, although I also attended meetings in Maryland when we lived up there for a year when my first born was a baby. That is where I first inquired about becoming a Leader. I was also an ACLA, and HRE instructor and helped in major ways with the LLL of Texas conference for at least three conferences, maybe more. I also attended the LLLI conference twice, once in DC, once in San Francisco."

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Here are Sue Ann and Susan on New Year's, 2016. It's fun to work with long-time friends.

Friends of La Leche League Mini-Grants: Award Announcement

Friends of La Leche League is proud to announce the recipients of our 2020 mini-grants. The awards are as follows:

- $1385 to a State College, Pennsylvania LLL Group to facilitate the local group adopting Zoom and other techniques to keep them thriving.
- $1615 to an LLL group in North Carolina for a research project to evaluate providing breastfeeding information via text versus traditional LLL support.
- $2500 to LLL Israel to provide materials in Arabic.
- $2000 to LLL of Maine and New Hampshire to hold workshops on equity, diversity and inclusion.

The variety of ideas and projects we received applications for was truly impressive. We can't wait to see how these recipients make use of their funds. We will be providing lots more information on our mini-grant recipients and reporting on their progress in the next editions of Continuum.

Friends of La Leche League Mini-Grant Team:
Cathy Baldizon, Paula Clay, Lupe Forsang, and Linda Parry

Vlassic and Harvey say they're happy about those great mini-grants. They want to see more pets of Friends of LLL on these pages. Can you help with that?

Who Are the Friends Volunteers? Penny Piercy

You might be wondering who helps the Friends of LLL do what they do. This month, we feature our new Membership Coordinator, Penny Piercy.

Penny Piercy is a retired Leader from the Houston, Texas, area who spent nearly two decades serving in the Leader Accreditation Department in various roles. She is the mother of four children (aged 27, 23, 19, and 12) and a university faculty member teaching English and technical communication.

As Membership Coordinator for the Friends of La Leche League, Penny answers inquiries about memberships, maintains membership records, facilitates membership promotions like the 2020 World Breastfeeding Month special, and provides current member information for Friends Board members and the Continuum mailing list.

Growing Up LLL

by Mary Jeanne Hickey

I am the mother of one daughter, four sons, and one son who died from SIDS at five months. Although our entire family was involved in La Leche League from the time I became a Leader in 1964, these are some stories about my sons as they grew into the awesome adults they are today. Back then, there was no Kindergarten, so most children were home until past six years of age.

Pre-school kitchens

As preschoolers, my boys loved to come with me to visit LLL friends, especially families with girls. Most likely, there would be a play kitchen. They loved the stoves, play food, cabinets, etc. We had a Fisher-Price dollhouse, but no kitchen. They did start cooking as soon as they could read, and are all great cooks today.

Our Demolition Crew - removing plaster from walls for renovation

Breast Pumps

At one point in my LLL journey, I rented Medela electric breast pumps. Most often, it was a new father who came for the pump. His wife might still be in the hospital, having given birth to a preemie. My boys, hovering in the background, had watched me explain how the pump went together and demonstrate the suction on the father's hand. One day, when the father arrived, I was on the phone. The boys let him in and took him into the room with the pumps. By time I finished my phone call, they had gotten out the demo pump, showed the father how it went together, and were demonstrating the pump action on his palm. All I had to do was collect the rental money.

Phone calls

As the boys grew, they heard me on my phone calls, asking questions and giving suggestions to the mothers who called. Of course, many of the problems the women called about, were similar. The boys heard my explanations and suggestions, and became quite well versed in the usual problems and their solutions. I had to sternly warn them not to give any advice to a mother who called in my absence. "Take down the mother's information in my notebook so I can call her back, and provide another Leader's name and phone number." This they did. But after they had hung up the phone, they would get out my reference books, and look up the problem to see if they knew the solution to the mother's problem. Why these unknown women told them so much about their concerns, boggles my mind.

Interactions with other League families

Our family attended nearly all the International Conferences, as well as Area Conferences, so my children got to know many other League families. As a teenager, one of them became quite friendly with a daughter of Cecily Harkens, when they lived in Texas. He would call her from time to time until we figured out why the phone bill was so high. (Back then, Texas was an expensive toll call from Massachusetts.)

Weymouth Militia, 1976 - All historic towns formed a militia and had reenactments of 1776. Regina was a fyfer. Militias had camp followers; that is what the rest of us were. I made all the outfits.

A group of Massachusetts LLL families began camping together over Labor Day weekend, over 40 years ago. Even as children grew older, many came back to the Campout. One year, when the Campout happened to be in Massachusetts, near a train station, some of my college kids planned to come. We usually began our weekend on Thursday, but they had classes. The plan was for us to pick them up at the train station on Friday afternoon. As they piled into the car, they said, "Next, the liquor store for beer." They were of legal age here, but we were somewhat taken aback. Then, we thought, "Who better to be drinking beer with, than LLL parents around the campfire."

Then, there was the summer that our youngest, now in college, got a job as head Lifeguard at a beach near where several LLL Leaders lived. We did not see much of him that summer. As fall came and contacts with Leaders resumed, we heard about his summer. He helped one boy prepare for a lifeguard exam. He gave swimming lessons in someone's pool, and he ate in different homes. A nice summer for all.

Getting married

Our oldest boy married a woman for whom the word “breastfeeding” was not in her, or her family’s vocabulary. Of course, we were disappointed, and only my LLL friends could really understand and commiserate with me. She has been a wonderful mother, and was adamant that a mother stay home with her children. When another of my sons became engaged, he and his fiancée gave my youngest a ride somewhere. On returning, this son told us, “I checked her out. Her family are 'nursers.'" I didn’t want this brother to make the same mistake as the last.

Daughter’s Wedding

The day my daughter got married, one of the younger boys left the reception early to go home and make sure everything was in order for our return. When we entered the house, he greeted me with a paper in his hand. “You have to call this mother right away.” I replied that I could not do that, just then. He patiently waited for the next LLL Leader to come in, and gave her the note. As he gave it to her, he said, “I think it’s nipple confusion.” She gracefully made the call and helped the mother. Again, what made that caller give so much information about her concern to this male voice on the phone?

All grown up - the last wedding

Not AAA, LLL

The college guy bounded into the house one evening proclaiming, “I don’t need AAA, I have LLL” His battery had died when he was about an hour from home. He remembered there was a LLL Leader he knew, in the same town. He called her, and asked for a jump. She said she was just taking cookies out of the oven, and was in her PJs. He said that was OK, he just needed a jump. She went and helped him out.

Today

One of my sons is unmarried. He works for a non-profit (non-money), teaching preschool homeless children. Most of the teachers are mothers. They have difficulty with his “Loving Guidance“ child care philosophy. (What does this guy know about children?) Currently he is working with the babies, those under a year. Most see this as good babysitting. But he has read up on the development of a baby’ brain, and knows how important these months are. He works with these children to help them develop to their highest potential. He has had some singular successes helping these at risk children work through separation issues and sensory deficits.

As my daughter has lived in Alaska and now Idaho, it is these sons (and their children) who watch out for me and help me when needed.

Order Our Pins to Recognize Years of Service

Our beautiful Friends of La Leche League pins, which feature our logo and our motto, "A Lifelong Connection," are available now. You can have one of your own, or one to give as gifts. Order today!

The Friends of La Leche League are still your source for Leader recognition pins. These make great gifts for all occasions and are treasured by long-time Leaders. Pins are available for 5, 10, 15, 20, 25, 30, 35, 40, 45, or 50 years of active Leader service to La Leche League, as well as pins without a year designation.

1-9 pins are $6.00 each.
10-25 pins are $5.00 each.
26 or more pins are $4.00 each.

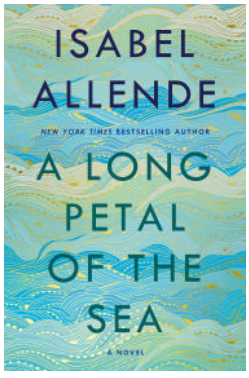
It's easier than ever to order pins! Please visit **our website to order**. We'll have a new ordering link up as soon as our new website is ready.

You Might Like to Read...

by Mary Gisch
Send Mary your suggestions at **Giscmary2@gmail.com**

Becoming, 2018, by Michele Obama

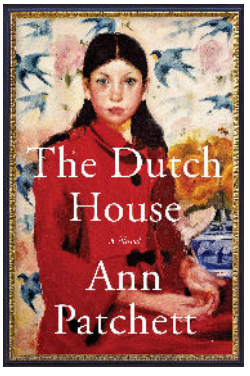
Obama's autobiography covers the years from the 1960s to 2019. It is a warm, great example of how a family can work together. How interesting to read about her childhood, early marriage, and her strong will to succeed! Succeed she did!



A Long Petal of the Sea: A Novel, 2020, by Isabel Allende

This historical novel tells of the Spanish Civil War in the 1930s. A pregnant widow, Rosin, and her brother–in-law, Victor, an army doctor, are among the thousands of refugees who flee to the mountains of France. They join 2000 fleeing to Chile on the SS Winnipeg, which was paid for by the poet Pablo Neruda. I found this to be a touching saga and love story.

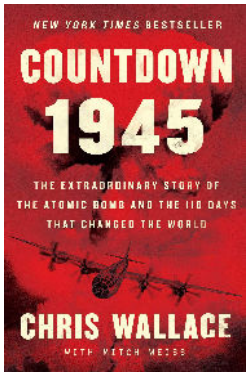
The Dutch House, 2019, by Anne Patchett



A husband buys a lavish mansion for his wife and family in Philadelphia. The son, Danny, tells the story of how he and his sister Maeve develop a needed special bond through tough times. What do you do when your father has died? This novel is about love, inheritance, forgiveness, and sibling bond.

Countdown 1945: The Extraordinary Story of the Atomic Bomb and the 116 Days That Changed the World, 2020, by Chris Wallace

As you can imagine, there were many details in the decisions involved in developing the atomic bomb. In this book, Wallace touches on the ending of the War in Europe and its influence on the war in the Pacific. It is powerfully written, with many personal anecdotes. We learn about Hideko Tamura, a Japanese girl who survived the first bombing and now lives in the United States. The seventy-fifth anniversary of the bombings is this year.



Memories of LLLI Conference Quilt Square Exchanges

by Marie Foley-Neilsen

From scraps of fabric --
A rainbow of colors and hues
Calicos, stripes and plaids
Yellows, greens, reds and blues

Some designs are simple --
A heart, a triangle, a square
Some are intricate patterns
All pieced together with care

A quilt may hang on a wall--
Or snuggle warmly on a bed
The quilter is a special artist
Who paints with fabric and thread

Marie Foley-Neilsen (2001)

The quilt swap was a fun idea that brought La Leche League Leaders together at the International Conferences in a special way. I recall that the original swap required members to submit a ten-inch square that signified something about our home state or area of the world.

Another conference attendees brought squares of a particular color group. The next brought the need to choose a fabric that might identify the personality of the donor. In my case, this was a print with gingerbread men, since as a crafter, my business card calls me "The Gingerbread Lady."

Each participant was required to attach her own name and home state (or country). At the conference, we sorted the squares so that each participant got one from each of the others. I now have five bundles, which may have started at the 1997 International Conference. How many are still in touch with each other in some way?

Now, why do I wander on this sentimental journey? My hope is to learn what was the outcome of all that cutting and sharing. Did anyone ever make a quilt? Well, here I sit with all my fabric waiting and waiting.

Of course, in the ensuing years, I have made a few real quilts, some as bridal gifts, several for my own grandbabies. The one on my own bed was completed with my daughter's assistance with the border. These old hands have trouble with the large projects.

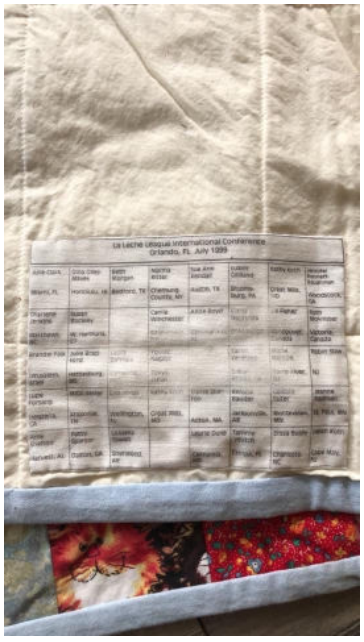
I started searching Facebook to find LLL friends. Now getting into Continuum has opened a great contact opportunity. It is like finding old school chums, with just a different connection.

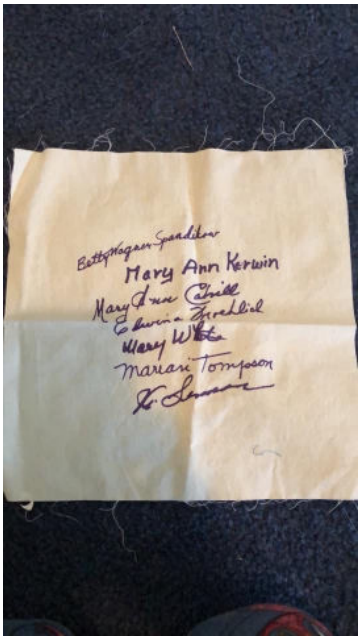
I look forward to hearing more about the wonderful lives of those who have been impacted by the work begun by those seven Founders, who proved that, "If you want a job done, give it to a woman, or perhaps Seven Women."

Yes, Quilts Were Made!

by Sue Ann Kendall, Continuum editor

Marie asked in her article above if anyone had made a quilt from their squares. I asked my Facebook friends, and sure enough, my friend Kathy Koch sent me great pictures of the two quilts she made. She still has more blocks to work on.





Kathy had the names of all the donors printed out and attached it to the back of her quilt, plus she has a square with Founders' signatures on it, ready for the next one. (Now that she's both a college professor AND an EMT, I don't know when she'll find the time!)

Nancy Franklin of the Friends of LLL We Remember committee also sent a photo of a quilt Marsha Pettinger made from squares submitted by her friends in the PowerSurge group. And Lupe Forsang also sent me a picture of the quilt she made, which she sleeps under every night and won't let anyone else use. Obviously, these are treasured items.

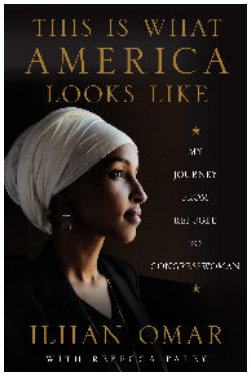
I almost finished a quilt, using the friendship star pattern that Kathy used. Someday I'll get another sewing machine and actually finish it, and one from my second set of squares.

You Might ALSO Like to Read...

This Is What America Looks Like by Ilhan Omar

review by Louise Cox

Ilhan is an inspiring Somali-American Muslim member of Congress. Her book beautifully details her life as a refugee and how she became who she is today. She believes that America is a place that can actually exist, not just a myth. She reminds us that in our country, we've normalized inequities and hardships to the point that we don't



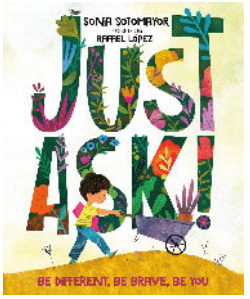
even recognize them as such.

Through her story, we come to know her family and witness her strength as she completes college while caring for her young children and working! We see the blind prejudice (incomprehensible to me) toward those who are "different."

Having lived in the Middle East and being a mom who both loves and is concerned for our country, this book gives me hope. I deeply respect any newcomer running for public office with her ideals. Because my grandchildren live in her city, I have come to know the beauty of Somali culture and what it can add to our immigrant story.

Just Ask! Be Different, Be Brave, Be You
by Sonia Sotomayor, illustrated by Rafael Lopez

Review by Margaret Kenda



In this picture book for children ages 4 to 8, Supreme Court Justice Sonia Sotomayor writes not about the law of the land, but about the multitude of human abilities and differences.

Rafael Lopez's compelling illustrations create a metaphor of a garden. As the colorful plants vary widely, so do the lively children who care for the garden.

She urges her readers not to ignore or fear the challenges others face, but to embrace different abilities. If you don't understand, just ask.

Justice Sotomayor herself grew up with juvenile diabetes. When she needed to inject insulin, people could misunderstand that as something sinister. The illustrator grew up with asthma and needed an inhaler that could look mysterious to other children.

This book is a good introduction to other differences, too, such as sight or hearing loss, dyslexia, speech impediments, Tourette's syndrome, autism, AHDH (attention deficit/hyperactivity disorder), and Down syndrome.

Each child belongs in the garden.

Friends of La Leche League
Financial Reports for Fiscal Years 2018-19 and 2019-20

Below are the assets of Friends of La Leche League as of the close of FY 2019-20. Our fiscal year runs from April 1 to the following March 31.

Friends of La Leche League
Current Assets
As of March 31, 2020

Cash Assets:		
Cash - Chase Bank	$ 47,316.82	
Less Checks Payable	$ (1,119.61)	
Cash - PayPal	$ 211.51	
Total Cash Assets:		**$ 46,408.72**
Saleable Pin Inventory:		
1645 pins @$4.00+ ea.	$ 6,580.00	
Total Assets:		**$ 52,988.72**

Friends of La Leche League typically operates on a two-year financial cycle, showing net income in the years we have trips, and a deficit in the non-trip years. Below are the Income Statements for the past two fiscal years, including explanations.

Friends of La Leche League
Income Statement
FY 2018-19: April 1, 2018 to March 31, 2019

Income:				
Memberships			$ 4,526.00	
Tributes			$ 176.00	
Donations				
	Restricted - Helpline	$ 70.00		
	Restricted - Founders Trip Exp	$ 40.00	(a)	
	Unrestricted	$ 640.00		
Total Donations			$ 750.00	
Donated Goods & Services			$ 637.96	(b)
Pin				
Sales				
	Pin Sales Revenues	$ 1,440.70		
	Less Cost of Goods Sold	$ (137.18)		
Net Pin Sales			$ 1,303.52	
Interest			$ 27.53	
Other Income			$ -	
Total Income:				**$ 7,421.01**

Expenses:				
Mini-Grants			$ 6,850.00	
Members' Newsletter, Continuum			$ 1,184.08	
Friends of LLL Trip (New Orleans 2019) Expenses			$ 2,587.30	
Online Communications				
	Marketing/Logo Development	$ 1,500.00		
	Website Hosting/Maintenance	$ 992.22		
Total Online Communications			$ 2,492.22	
Supplies and Mailing			$ 374.78	
Board Meeting			$ 998.96	(c)
Financial Fees				
	PayPal Fees	$ 115.25		
	Other Finance Fees	$ 150.67		
Total Financial Fees			$ 265.92	
Other Expenses			$ 402.42	(d)
Total Expenses:				**$ 15,155.68**
Net Income:				**$ (7,734.67)**

Explanations

(a) All Founders Trip restricted donations funds were spent for Marian Tompson attendance on trip.

(b) Unreimbursed Board Member expenses donated to organization.

(c) Expenses for face-to-face Board meeting in Dallas, TX.

(d) Calculated net expense which occurred during period without adequate accounting, therefore this expense amount has no supporting documentation and remains unclassified.

Friends of La Leche League
Income Statement
FY 2019-20: April 1, 2019 to March 31, 2020

Income:				
Memberships			$ 5,795.00	
Tributes			$ 300.00	
Donations				
	Restricted - Founders Trip Exp	$ 1,255.00	(a)	
	Restricted - Mini-Grants	$ 1,020.00	(b)	
	Unrestricted	$ 758.05		
Total Donations			$ 3,033.05	
Donated Goods & Services			$ 82.67	(c)
Trip Registrations			$ 20,045.00	
Pin				
Sales				
	Pin Sales Revenues	$ 2,678.93		
	Less Cost of Goods Sold	$ (2,965.46)		
Net Pin Sales			$ (286.53)	(d)
Other Income			$ -	
Total Income:				**$ 28,969.19**

Expenses:				
Mini-Grants			$ -	
Members' Newsletter, Continuum		(e)	$ -	
Friends of LLL Trip (New Orleans 2019)				
Trip Expenses	$ 12,616.96	(f)		
Board Meeting Expenses	$ 2,438.01			
Total Friends of LLL Trip			$ 15,054.97	
Other Friends of LLL Events			$ 500.00	
Online Communications				
Social Media/Advertising	$ 134.15			
Website/Media Development	$ 2,046.97	(g)		
Website Hosting/Maintenance	$ 1,455.05			
Total Online Communications			$ 3,636.17	
Supplies and Mailing			$ 592.73	
Financial Fees				
PayPal Fees	$ 578.43			
Other Finance Fees	$ 21.45			
Total Financial Fees			$ 599.88	
Other Expenses			$ -	
Total Expenses:				**$ 20,383.75**
Net Income:				**$ 8,585.44**

Explanations:

(a) All Founders Trip restricted donations funds were spent for Marian Tompson attendance on trip.
(b) Mini-Grants restricted donations are being held for disbursement to grant recipients in FY 2020-21.
(c) Office supplies donated by Board Members for their work.
(d) Net Pin Sales negative due to large purchase at end of FY leaving large inventory for future sales.
(e) Continuum changed to an online newsletter (vs. print), and is now produced at no additional costs (i.e., all expenses were already covered in Online Communications).
(f) Trip expenses do not include $2587.30 of deposits, etc. incurred in FY 2018-19.
(g) Website development was planned for several years; prior years' restricted donations for website development were all expensed in this year.

Friends of La Leche League is committed to financial transparency. Please direct any questions about our finances to the Treasurer, Anne Hutton, at **Treasurer@FriendsofLLL.org**.

We Remember: A Friends of La Leche League Tradition

"So as we live, they too shall live, for they are now a part of us, as we remember them."

"We Remember" is a tradition started by the Friends of La Leche League in 2001. We pay tribute to Leaders who have died.

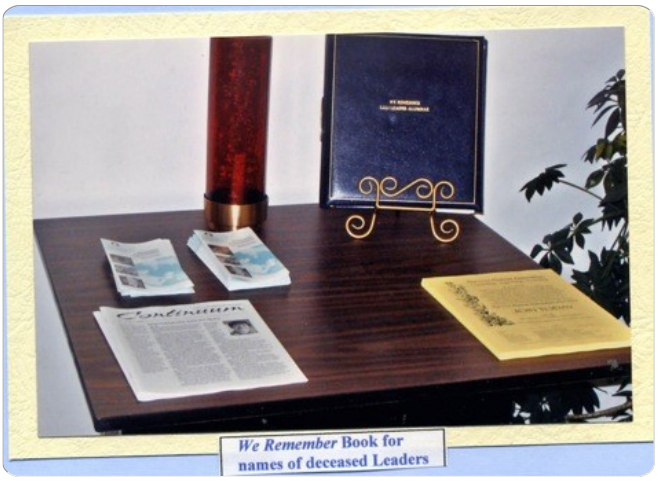
Throughout the history of La Leche League, we have connected to each other on a deep level across countries and cultures. Part of our mission as Friends of LLL is to keep connections strong as we remember and appreciate those who have died.

Leaders' names are recorded in calligraphy in the "We Remember" album by Susan Mocsny Thomas and posted on the **Friends of LLL We Remember page.** We also have a special event at each Friends of LLL trip. If a deceased Leader's name is missing from this list, please **send us the information here**. Include the Leader's name, year of death, and location (country, state/province) where Leader was active. If available, submit year of birth and obituary link. Or email these details to **WeRemember@friendsoflll.org.** When possible, include an obituary link.

So far in 2020, we have heard of the passing of these Leaders:

Linda Jean Coleman, Texas, USA (d. 2020)
Linda Herbert (McConnell) - Canada
Vera Hyndman, 1994 - Ontario, Canada
Julia Keeling, 2019 - Ontario, Canada
Yvonne McKenzie, **2018** - British Columbia, Canada
Deirdre (Dee) Ann McOnie - New Zealand (d. 2019)
Margaret Metcalfe, **2016** - British Columbia, Canada
Maureen Mitchell, 2019 - Ontario, Canada
Alanna Pickard - Canada
Pamela Oselka - Illinois, USA (d. 2020)
Karen Tornga - Michigan, USA (d. 2020)

Joyce Way, 2017 - Ontario, Canada
Ruth Williams - Ohio, USA (d. 2020)



The We Remember book and candle as they used to be displayed at the LLLI offices in Schaumburg, Illinois.

Tributes

These are the tributes to Leaders and friends of La Leche League that are current. Want to honor someone with a tribute? Use these **instructions and form** to submit them.

Tributes through 2021

Honoring **Pam Oselka**
"Eternally grateful, dear Pam, for your faith in me, your mentorship, and your kindness."
From **Judith Steele**, The Villages, Florida USA
6/29/2020 – 6/29/2021

Honoring **Kathy Grossman**, Moab, Utah USA
"Kathy has given much to LLLI as a Leader and editor of many LLL publications."
From **Barbara Sasser**, Galveston, Texas USA, honors
4/10/2016 – 4/10/2021

Honoring **LLL Alliance**
"Many thanks for your work for the mission of LLL."
From **Linda Parry**, Matthews, North Carolina USA
3/27/2020 – 3/27/2021

Tributes through December 2020

Honoring **Breast Friends**, RDU, NC
"To my very breast friends who I have known and loved for over 40 years!."
From **Cynthia Reynolds**, Durham, North Carolina USA
12/30/2019 – 12/30/2020

Honoring **Kathleen Glucksman**, deceased on August 1, 2019
"In memory of Kathy Glucksman, Tolland, Connecticut, who devoted her life to helping mothers."
From **Karen Berg**, of Eugene, Oregon USA
9/10/2019 – 9/10/2020

Honoring **Kathleen Glucksman**, deceased on August 1, 2019
"Dear friend, fellow IBCLC/RN, chased CA for 12 years."
From **Judie Gubala**, of Rocky Hill, Connecticut USA
8/16/2019 – 8/16/2020

Honoring **Edna Kelly,** Houston, Texas USA
"Her volunteer time with LLL changed my life for better."
From **Elizabeth P. Connelly**, Houston, Texas USA
8/14/2019 – 8/14/2020

Honoring **Freddie Furnas**, formerly of Eustis, Florida, now Maine USA
"The LLL who precepted me into Leadership."
From **Gloria Glidewell (Cotney)**, Tampa, Florida USA
8/5/2019 – 8/5/2020

Tributes through July 2020

Honoring **Edna Kelly,** Houston, Texas USA
"Edna Kelly's compassion helps LLL, and also has her in other critical community endeavors."
From **Ann Rosenwinkle**, Houston, Texas USA
7/31/2019 – 7/31/2020

Honoring **Amy Shaw**, Hull, Massachusetts USA
"A friend, a colleague, an amazing Leader, and now Board member!!"
From **Cindy Garrison**, Canonsburg, Pennsylvania USA
7/4/2019 – 7/4/2020

This precious babe is Ryker, Sue Ann's first great nephew.

Thanks to Our Donors

Friends of La Leche League is very lucky to have a wonderful group of donors who enable our organization to thrive and who fund out activities and projects. Here is a list of the donations we have received for recent projects.

Friends of La Leche League gratefully acknowledges the generosity of those who have contributed to the organization. If your name has been omitted, misspelled or listed incorrectly, please accept our sincerest apology and inform us by contacting Treasurer Anne Hutton at **Treasurer@FriendsofLLL.org**.

Unrestricted Donations, March 2020 to Present:

Charlotte Knopf
Suzanne Christensen
Mary Gisch
Mary Jeanne Hickey
Judith Gubala
Anonymous (1)

Call for Articles

Congratulations once again! You've reached the end of yet another 2020 online Continuum. It looks like we're getting the hang of it! Is there something you wish you'd seen here? You can always fix that by sending **Sue Ann** an

email with an idea, some words, or a picture that you'd like to share with fellow Friends of LLL. As you can see, they can be long, short, or in between. We would like to see articles about various stages of parenting, all the way through the years, memories of special Leaders, members, or friends of our organization, notices of books by former Leaders, and photos of friends enjoying life.

Not a writer? Not a problem! Sue Ann's an editor!

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