November 2021 - Volume 34, Number 3

In This Issue

- Greetings from Your Editor
- President's Letter
- Friends Board Update
- We Have More: Interviews
- Thirty-five Years of Volunteers
- Pins for All Who Love LLL
- You Might Like to Read...
- Wedding Planning in the Time of COVID

Welcome, <<First Name>> <<Last Name>>!

35 years of Friends of LLL and 65 years for LLLI! Time to celebrate in friendship and love!

- 2022 Mini-Grants Applications Are Open!
- A Little Mini-Grant Update
- What's Up with GivingTuesday?
- We Remember
- Tributes
- Thanks to Our Donors
- Call for Articles

Keep Up With Us

Facebook

Website

Friends of La Leche League Board:

- Anne Hutton
- Randee Kaitcer
- Edna Kelly
- Sue Ann Kendall
- Gail Moak
- Susan Mocsny Thomas

Greetings from Your Editor

Hi there! Here's your third *Continuum* issue for 2021. We are very excited to share all that's happened since last time, including celebrating the anniversaries of both LLLI and Friends of LLL. We have so much to be grateful for.

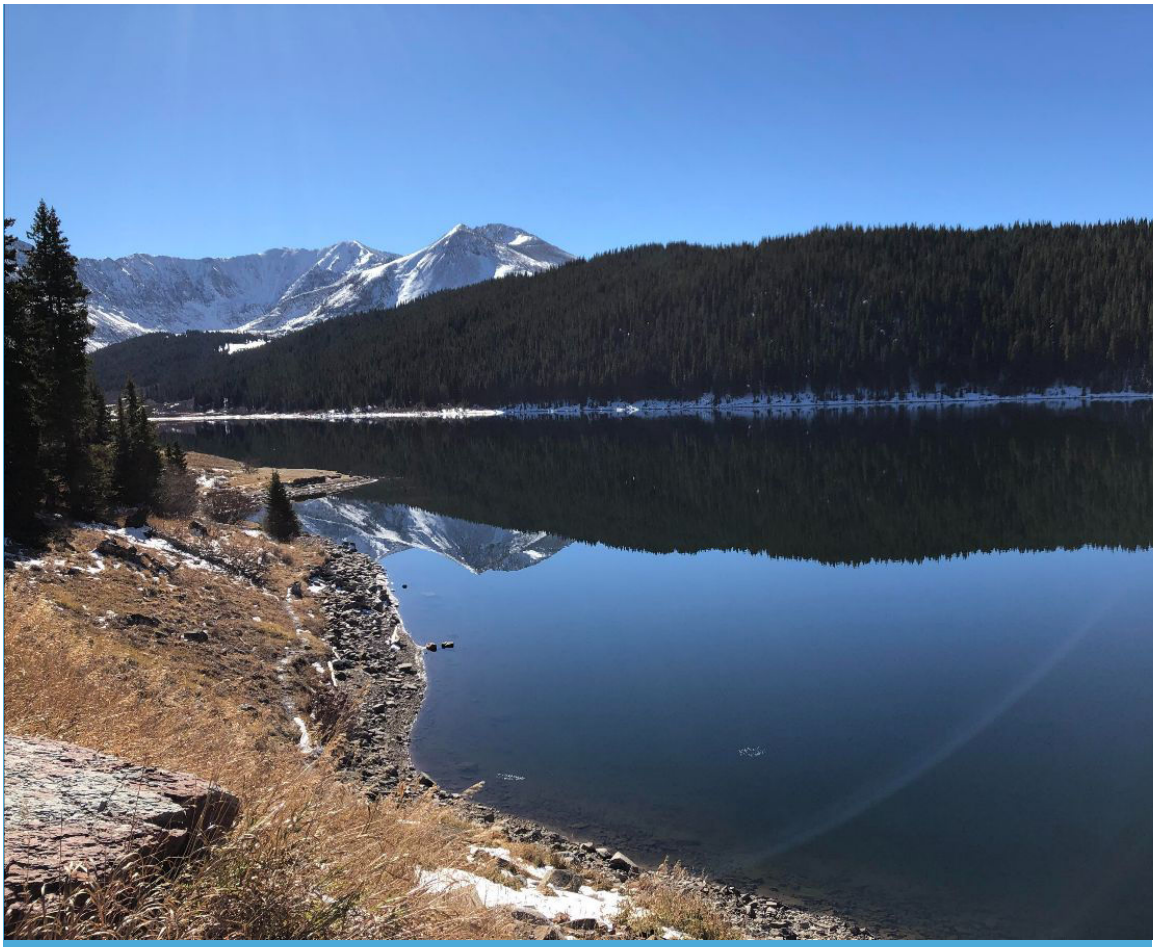
I'm even grateful to those who disagree with me or criticize me, because it's a chance to learn about different points of view, of which there sure are many. It also teaches me that I can care about, and even love, people with very different perspectives from mine. The same goes for organizations. We don't have to agree with everything La Leche League or Friends of La Leche League does to still love it and want it to continue. I'm sticking with these organizations, and hope you do too.

After reading this issue and getting inspired by all the activities and ideas you read about, please be sure to visit our website! You can easily renew your recently expired membership, make a tribute, buy some of our beautiful pins, watch video interviews of Leaders who've contributed to the Friends, or let us know about a former Leader to add to We Remember. You'll even find back issues of *Continuum* there.

We are happy that we have many new and returning members, but always want to welcome more friends to our organization. We have no hidden agendas, no requirements other than friendship and shared LLL experiences, and a desire for fun and connection. Could you encourage someone who'd enjoy our newsletter and good works to join Friends of LLL? It's so easy to join, and you know the membership dues go to good things like our mini-grants, trip scholarships, and future programs. Share our membership page with your friends and let them know that you enjoy hearing from us four times a year.

As for me, I continue to enjoy the ups and downs of life and am honored to share some of my time with all of you.

Your editorial friend, Sue Ann Kendall



This issue comes to you from scenic Summit County, Colorado.

President's Letter

Dear <<First Name>>,

I planted a persimmon tree in my front yard. For a year or two we wondered if the tree would survive, but it rallied and now produces delicious persimmons every fall. The orange fruit look like ornaments on the tree. I love the persimmons, as do the deer, so I try to stay peaceful about sharing some of my harvest with them.

Fall is when people come together, glean the crops, and give thanks for the bounty. Fall is a season of gratitude. This fall (or spring, for our friends in the Southern Hemisphere), in the midst of a seemingly never-ending pandemic, political strife, racism, fires and other natural disasters, it may be hard to feel thankful.

You might be aware of the controversy over the pin the Friends of LLL made for the 65th anniversary of LLLI, at their request. We changed the wording from the 60th anniversary pin which read "Helping Mothers Since 1956" to the 65th anniversary pin which reads "Supporting Families Since 1956." We understand we cannot resolve this issue on a small pin that is 7/8 inch in diameter! We are grateful that the discussion on our Facebook group was civil. Thank you to all the participants and to those who wrote to us, whether in complaint or in support. Please email us, at any time, with your feedback at info@friendsoflll.org.

Persimmon trees brighten even a gray day.

You may have seen some of our oral history interviews as we celebrate the 35th anniversary of Friends of LLL or our session at the 65th anniversary LLLI conference. The theme running through the interviews was how thankful these women were to La Leche League, no matter their many years of service. They all felt such gratitude that they got back much more than they gave. I encourage you to visit our Youtube channel to watch the interviews during this season of gratitude. The pre-recorded portion of the session can be viewed here.

Friends of LLL endeavors to be a caring community, welcoming and connecting active Leaders, retired Leaders, and friends/advocates of LLL, of all ages, perspectives, and all walks of life.

Gail Moak
info@friendsoflll.org

Friends Board Update

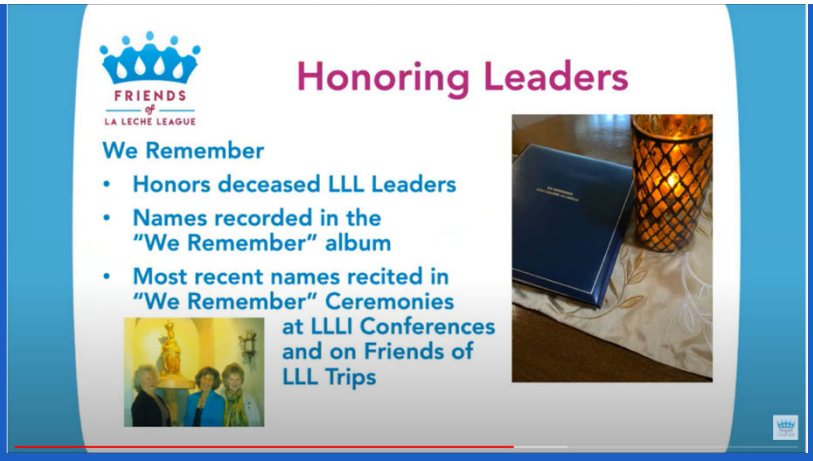
The Friends Board decided to postpone meeting in person once again this year. Our memberships and donations are down this year, and that has a lot to do with canceling our trip and losing donations that often accompany it. You can still get together virtually, with our **members-only chats on Zoom**. Every chat has more participants, and we're all enjoying each other's stories. Find the chat schedule on our members-only Facebook group. Not a member of the group, but a member of Friends of LLL? Ask to join!

Another way to support Friends of La Leche League and honor retiring Leaders is to order our pins for them, including our **special pin to commemorating the 65th Anniversary of LLLI**, which is available along with our others.

We were privileged to be a part of the LLLI Conference in October and enjoyed putting together the same kind of alumnae tea we used to share at in-person conferences, culminating with a moving We Remember ceremony. We especially enjoyed interviewing some of the women who have contributed to Friends of LLL in the past and intend to bring you more interviews in the near future, which you'll find both on our website and the YouTube channel.

We are now busy planning for the future of the organization, thinking of new ways we can help breastfeeding mothers, support former Leaders and their friends, and find new and energetic members to help our organization do its work. Do you have any ideas? Contact any of us or send an email to info@friendsoflll.org

Thank you for being the heart that brought more than 1200 LLL Leaders, Applicants, healthcare providers, and fellow speakers together to celebrate 65 years of helping babies and families get a healthy start in life.
- From LLLI to our conference session team.



A screenshot from our LLLI Conference presentation, by Anne Hutton.

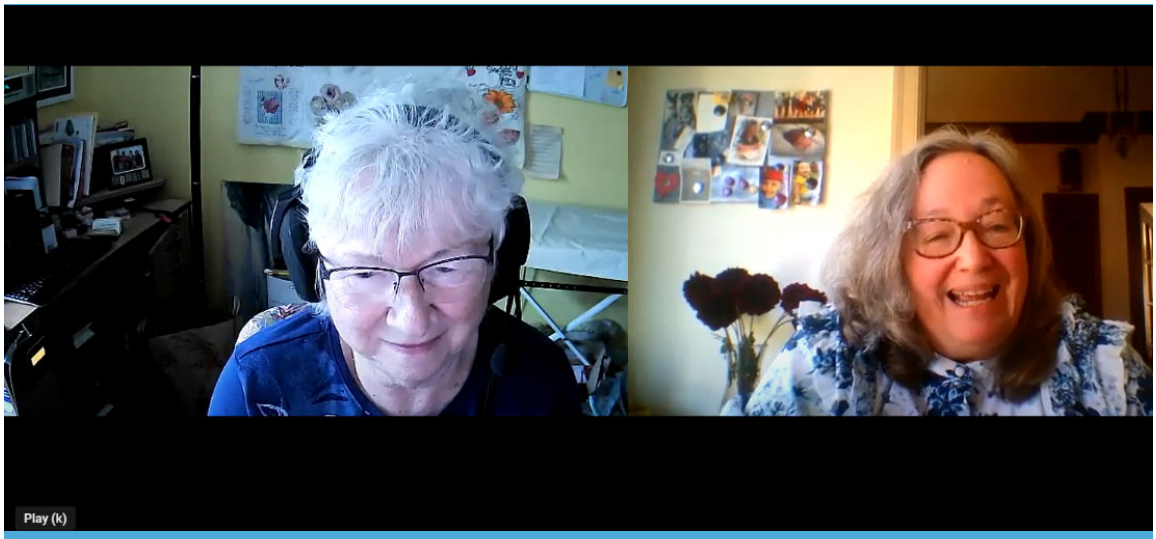
Keep Your Membership Going and Encourage Others!

Your membership information is loaded into our website store. When your membership expires, you can easily renew your membership. Sign in using the following information:

Username or email: <email>
Password: Friend$2020 [we recommend that you change this password after you log in]

If your membership has expired, sign in to renew HERE.
`<<First Name>> <<Last Name>>, your membership expiration date is <<Expiration>>.`

If you are having trouble renewing with the online system, please email Treasurer@FriendsofLLL.org for help.



Gail Moak interviews Marian Tompson as part of our LLLI Conference session.

We've Got More History of Friends of LLL Interviews

As we talked about in our last issue, members of the Friends of La Leche League wanted to do something fun and meaningful to commemorate our big anniversary year. We were inspired to conduct interviews with people who were important to our group through the years. You can click here to watch Gail Moak interviewing Marian Tompson, which is one of the interviews we did for our LLLI Conference presentation. Check it out if you didn't see it at the conference.

We also have added interviews with Ellen Goodrich King and Janet Jendron available on our YouTube channel and on our website on the History of Friends of La Leche League web page on our site. Anne Hutton has done a wonderful job of condensing 35 years into a compelling story!

Thirty-five Years of Friends Volunteers

by Sue Ann Kendall, Publications Director

In this issue, while we give thanks for our organization, we also want to be sure to share our gratitude to the many people, both La Leche League Leaders and other supporters, both paid and volunteer, who have contributed to the LLL Alumnae Association and the Friends of LLL through the years. We've combed through many back issues of *Continuum* to glean names of people who have given their time and talents to our organization from our founders to our committee members to the people who made our websites and graphics.

Just going through the list gives us warm fuzzies. Do you see anyone you know? Do you see anyone who has contributed to Friends who isn't listed? Please let us know who's missing, so we can acknowledge them in a future issue.

Cathy Baldizon	Ellen Goodrich King	Sue Steilen
Carroll Beckham	Susan Lawrence	Brad Stevens
Sue Christensen	Viola Lennon	Cathy Theys
Paula Clay	Rebecca Magalhaēs	Susan Mocsny Thomas
Joan Crothers	Wendy Masters	Marilyn Thompson
Fran Dereszynski	Gayle McLean	Marian Tompson
Sandy Erickson	Carol Meredith	Judy Torgus
Sue Forrister	Gail Moak	Paul Torgus
Lupe Forsang	Ruth Molar	Betty Wagner
Nancy Franklin	Beverly Morgan	Alice Ziring
Susan Geil	Sue Mundell	
Mary Gisch	Jack Opatny	
Kathy Hays	Pam Oselka	
Patti Hope	Susan Penrod Osterkil	
Janice Horvath	Kathy Parkes	
Anne Hutton	Linda Parry	
Janet Jendron	Sandy Patton	
Randee Kaitcer	Penny Piercy	
Edna Kelly	Amy Shaw	
Sue Ann Kendall	Nancy Thompson Sherwood	
Phoebe Kerness	Evy Simon	
Kate Kerr	Harriet Smiley	

THANK YOU TO ALL THE VOLUNTEERS WHO WENT BEFORE US

The 2021 Friends of LLL Board

Order Our Pins to Recognize Years of Service and More

65TH LLLI ANNIVERSARY PINS NOW AVAILABLE!

As a wonderful remembrance of the recent virtual LLLI Conference, our new pin commemorating the 65th anniversary of La Leche League International is available to order on our website while supplies last. The pin features a beautiful blue stone in addition to the LLLI logo and the number 65. Our fulfilment team is waiting to send you your order!

Our beautiful Friends of La Leche League pins, which feature our logo and our motto, "A Lifelong Connection," are still available as well. You can have one of your own, or one to give as gifts. Order today!

The Friends of La Leche League are still your source for Leader recognition pins. These make great gifts for all occasions and are treasured by long-time Leaders. Pins are available for 5, 10, 15, 20, 25, 30, 35, 40, 45, or 50 years of active Leader service to La Leche League, as well as pins without a year designation.

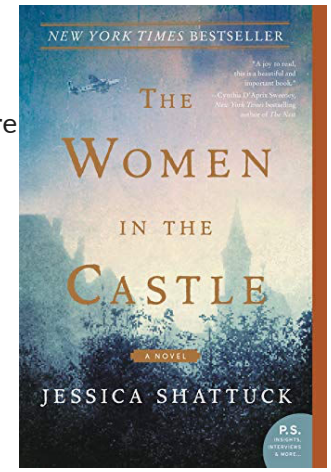
1-9 pins are $6.00 each.
10-25 pins are $5.00 each.
26 or more pins are $4.00 each.

It's easier than ever to order pins! Please visit our pins page to order.

You Might Like to Read...

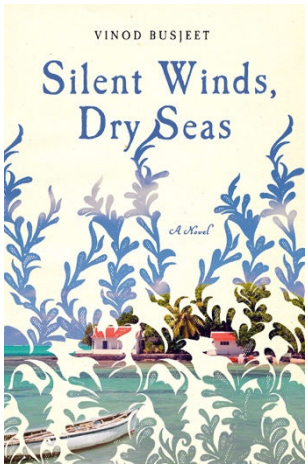
by Mary Gisch
Send Mary your suggestions at Giscmary2@gmail.com

Women of the Castle, 2017, by Jessica Shattuck



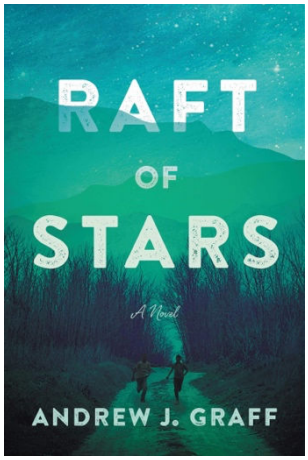
In post-World War II Germany was divided by the Russian and Allied Armies. Three widows of failed Resistance Fighters, who were executed for trying to assassinate Hitler, come together in a crumbling Bavarian castle. Marianne promised to look after the widows, but first she has to find them and their children. This historical novel deals with women haunted by the past, who must cope and survive in what is left of Germany.

Silent Winds, Dry Seas, 2021, by Vinod Busjeet



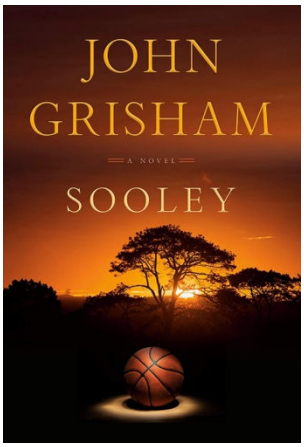
Vishnu, young intelligent grandson of indentured Indian laborers, tells his story. He hopes to get a scholarship to Cambridge. Sugar cane is the main form of employment, but his father is a teacher. So, there is hope. In this historical novel we explore the multiracial island of Mauritius, in the Indian Ocean. The Hindus, Moslems and the Creoles are struggling to end colonialism. The author gives us interesting insights, about his homeland.

Raft of Stars, 2021, by Andrew J. Graff



Sheriff Cal from Texas, where things did not work out, is anxiously hoping to make Wisconsin his home. Ten-year-old Fischer stays with his Granddad, Dale, every summer. The Sheriff searches for the shooter of a drunk, violent father. Fisher and Dale left the gun and ran into the wilderness. Stolen camp gear, food and a raft enable them to move fast on the river. Since the boys are suspects, Granddad insists on riding with Sheriff into the heavily forested Northwood. This is a poetic, intense adventure novel.

Sooley, 2021, by John Grisham



Samuel Soolemon, from South Sudan is overwhelmed with the possibility of playing basketball in another country, maybe even America! His first plane ride, first real basketball court, his first real jersey…how can life get better? But, Sooley misses his family and homeland, especially when terror comes to South Soudan. Grisham weaves in historical details about the country as he tells a tale of an extraordinary 17-year-old hoping to play college basketball. Riveting!

Many thanks to Mary Gisch, who has faithfully sent us her helpful and varied book reviews for so long. We salute you, Mary!

Wedding Planning in the Time of COVID-19

(or, how to grant your daughter's nuptial dreams during a pandemic)

by Randee Kaitcer, Social Media Director

January 8, 2021: "We're engaged!" Always happy words to hear, especially when you love the young man your youngest daughter has chosen. Of course, my husband and I knew it was coming, but I was glad I no longer had to keep the surprise!

Wedding planning can be stressful and overwhelming at any time and is even more so during a pandemic. According to the wedding press, currently the wedding industry is seeing a post-Covid-19 boom, especially into 2022. From what my family experienced, I believe it. 2020 weddings were cancelled or postponed, which left few weekend choices available in 2021. My daughter and her now-fiancé did not want to wait until 2022 to marry, so the hunt was on for a 2021 date that worked.

Remain open to the idea of a day other than a Saturday – not only does that widen your choices, but other days are often less expensive. My daughter and her fiancé decided they needed a Saturday to accommodate their out-of-town guests and work schedules.

At the time, we all believed Covid-19 would be a memory by Autumn 2021, given that vaccines were reported to become available soon. My daughter had visions of fall foliage and cooler temperatures. However, the only Saturdays available at the “perfect” venue with the 250-year-old Texas oak tree were September 11 and right after Thanksgiving. Thus, August 28, 2021, became the special date. Summer. In Texas. Yes, it was hot.

Suggestion #1: Be flexible.

We realized an outdoor ceremony and cocktail hour with inside (air-conditioned) space for the cocktail hour and reception could be somewhat COVID friendly. Tall ceilings, fans for air circulation, numerous doors to allow for fresh air. Check, check, and check.

Next, book the vendors. Research the heck out of this part. Some brides are eager to do their own research, as my elder daughters were. This daughter was happy to have me do the research and send her my top suggestions for the happy couple to choose. An ongoing lesson from LLL – every (adult) child is different and meet the child where they are. Expect vendor schedules to be tight and their prices to have increased. Some vendors went out of business during the pandemic and those that survived are still trying to recover. They are busy right now and may not be as responsive to an email or phone call as they may have been pre-pandemic.

Suggestion #2: Be patient.

Next, establish the guest list. My daughter and her fiancé know a great number of people and wanted to invite 200 of them. Not with COVID and also not in budget. I frequently repeated my mantra, “The most important part of the day is the first 20 minutes – the ceremony. After that, it’s just a party.” I reminded them both that at the end of the day, they were marrying their best friend and will be able to celebrate with loved ones, even if it doesn’t look exactly as they might have wished.

Suggestion #3: Be flexible.

We took several precautions to make the wedding safer for family and friends. We asked the venue to space the rows further apart than usual. For the 5:30pm ceremony, we provided hand-held white paper folding fans (Amazon is your friend here). Not only did it help keep people cooler, but it also kept air moving away from people’s faces. Several guests thanked me for the fans.

We had a pretty basket filled with masks at the front door by the guest book with a cute sign that read “Spread love, not germs, please take a mask” but sadly, many chose not to wear the masks. I wore a KN-95 mask and looked silly, but I was okay with that. I took it off for photos though. Some weddings require a negative Covid test and/or do a temperature check at the door but we felt uncomfortable policing that.

We asked guests to keep their pen after signing the guest book. We provided standard ink pens in wedding pastels (again, Amazon is your friend) and set them in glass containers with a sign. People did keep their pens.

Gaily beribboned bottles of hand sanitizer were placed on every dining table, at the bar, on the outdoor cocktail tables, and pretty much anywhere I found a flat surface. I wrapped Dollar Tree bottles in ribbon matching the wedding colors – they looked cheerful, and they were used.

For those who could not attend in person for whatever reason, we asked our DJ to set up two small cameras to live stream the ceremony only. We included an announcement of this accommodation on the couple's wedding website and provided the Zoom link there as well.

In fact, good communication with guests via the wedding website was convenient. We were able to share under the Frequently Asked Questions section several COVID safety requests. For example, "If you feel sick or are experiencing any symptoms such as fever, cough, or loss of smell and taste on the day of the wedding, please stay home and enjoy the wedding on our live stream." We had about 25 people join us virtually, including my 81-year-old mother, which was a real blessing. Some folks include information about vaccination, testing, and/or quarantine in their save-the-dates and invitations as well.

We ended up with approximately 120 guests – still large but smaller than initially desired. Expect folks to RSVP in the affirmative and then no-show or cancel after the head count was submitted to the caterer. Grant grace, understanding some may have felt uncomfortable in a large group at the last minute.

During cocktail hour, the mac and cheese bar was served behind a clear shield. Guests pointed to the toppings they preferred; they did not self-serve. The meal also could not be a buffet – had to be plated, per local and state ordinances. The caterer took this responsibility seriously – apparently, they can lose their license if they do not.

For dinner, though the tables could seat ten comfortably, we sat six or eight people, depending on how the family and friend groups fell. This allowed more space for people to move around and to sit further from each other while eating.

There are other options you could consider. My cousin's daughter was set to marry in June 2021. She postponed to the same date in 2022. Then the couple "eloped" with only their parents in attendance in September 2021. It was a beautiful day, and their big celebration will still be next spring. I am looking forward to it!

Being part of celebrating a joyous event such as a wedding is truly a reason to give thanks. With some extra planning, flexibility, patience, and grace, it can be a safe and happy time during a pandemic. Remember to enjoy the process and focus on the big picture! Congratulations and best wishes!

Want to receive a Mini-Grant this year? Just send us an application!

2022 Mini-Grants Applications Are Open!

We hoped to award some Mini-Grants in 2021, but a busy year (including planning for the LLLI Conference, the pandemic, etc.) made us realize our original idea of offering the Mini-Grants every other year is still the best. We want very much to award grants to people and organizations who are helping breastfeeding mothers, anywhere in the world, and we have some new donations to the program that we want to hand out. We especially appreciate the donation in memory of long-time LLL Canada member, Terry Stafford.

Do you or someone you know have an idea for a special project and need seed money to get started?

We offer Mini-Grants of up to $2500 for as many as six individual projects. We welcome proposals for projects that connect and celebrate active and former LLL Leaders, support breastfeeding parents, fund breastfeeding education and research, or otherwise further the Friends of La Leche League mission: *to support La Leche League as a resource and inspiration for future generations, encourage lifelong connections with the LLL community, and share the insights and wisdom that began with the breastfeeding relationship.*

Please share our Mini-Grants anywhere you know of someone who needs a little funding to get a project up and running. It could be buying supplies, running a training, starting a new support group, or anything that benefits breastfeeding mothers.

The deadline for completing our application is January 30, 2022, and projects need to be completed within nine months of the award. If you have any questions, please contact Paula Clay at FoLLLMiniGrants@gmail.com. The 2021-2022 Mini-Grant Team – including Cathy Baldizon, Paula Clay, Anne Hutton, and Susan Lawrence – is so excited to hear about your proposals!

A Little Mini-Grant Update

Laura Meikle from LLLC in BC, Canada sent us an update on her mini-grant from 2019. She persevered, and the course she envisioned launched in a different way than she imagined, but it happened. In her words:

"As Friends of LLL gave me a small grant to get started in the prenatal breastfeeding class, I wanted to let you know it is becoming a reality after all, just launched privately as LLL suggested I do when they wouldn't continue with the project. I have named Friends of LLL at the end of the course as supplying seed money :) After 2.5 years, it may actually still make it!"

Here is what her course looks like in [the website that hosts it:]

Latch and Attach

Prenatal Breastfeeding & Chestfeeding Course
Latching at the Breast Means Attaching at the Heart

Education for those expecting, their partners/support persons, advocates & educators in lactation and birth.

Education ahead of need means being prepared for when you it.

Babies, whose parents prepare ahead, often cry less.

When parents begin their lactation education in early pregnanc they often find success easier.

Preparing for Birth: **Smart**
Preparing for Breastfeeding: **Brilliant**
#PreparedIsBest #PreparedAtTheBreastIsBest

LEARN MORE / BUY NOW

What's Up with GivingTuesday?

By Gail Moak, President

You may have noticed that GivingTuesday popped out of nowhere and suddenly is everywhere. I was a fundraiser when GivingTuesday was created in 2012 and curious about it.

Where did GivingTuesday come from?

It was founded by a team at the Belfer Center for Innovation & Social Impact at the 92nd Street Y in New York City, as a day that encourages people to do good. It was intended to be a reaction against the consumerism and self-interest of Black Friday--busiest shopping day of the year (US), and Cyber Monday (online shopping).

In 2019, GivingTuesday spun off into an independent nonprofit organization, with GivingTuesday co-founder, Asha Curran as its CEO.

“Making someone smile, helping a neighbor or stranger out, showing up for an issue or people we care about, or giving some of what we have to those who need our help, every act of generosity counts, and everyone has something to give,” is one way GivingTuesday describes itself.

GivingTuesday now

GivingTuesday has become one of the biggest days in nonprofit fundraising. This is likely what you’ve noticed--that Tuesday is a constant barrage of nonprofits asking for donations on social media. It’s hard for any one nonprofit to hold out when everyone else is soliciting.

Friends of LLL and GivingTuesday

Friends of La Leche League is no different than other nonprofits in that our programs rely on your generosity. Yet it’s hard for us to reconcile the original ideas--such as companies giving employees time off for community care with #GivingTuesday now being one of the highest-volume days for nonprofit donations all year.

Where do you feel the LLLove?

Here’s how we resolve our dilemma: We kindly ask you to consider a gift to the La Leche League entity that you are the closest to. It may be La Leche League International, it may be La Leche Leche of your country, it may be your local Group, or… Where do you feel the LLLove?

Representatives of LLL entities: let us know about your fundraising campaign and we’ll feature you on our #givingtueday social media.

Here’s the first we’ve heard about: LLLI's Celebrating Connections end of year campaign includes a peer-to-peer fundraiser.

Remembering 65 years of La Leche League Leaders: A History

This is the text of the history of We Remember that Susan Mocsny Thomas shared at our LLLI Conference session. You can watch it on our YouTube channel as well.

In 2001, The Friends of La Leche League (then known as the La Leche League Alumnae Association) hosted the Alumnae Tea at the LLLI Conference in Chicago. We wanted a meaningful way to honor those Leaders who had died. After asking current and former Leaders for names and years of death for former Leaders, 111 names were sent to the Alums.

The idea for how to honor our deceased La Leche League (LLL) Leaders came from Nancy Franklin of Texas. She spoke of the annual Muster at Texas A&M University where they

honor the “Aggies” who have died over the past year.

All agreed it seemed a good way to memorialize our Leaders and chose a selection from the Reform Jewish prayer book titled “We Remember Them.” It was respectful of all cultures and brought an aura of solemnity to so important an occasion.

Joan Crothers from Rhode Island created a PowerPoint slide show with the first slide being a glowing candle, drawing attention to the transition from social to reflective time. Nancy Franklin and Founder Marian Tompson read “We Remember Them,” followed by a slide for each Leader as her name was read. As they read the last name, the candle again appeared. As the lights in the room came up, there was a hushed silence in the room as Leaders remembered those they had known. There were hugs, tears, and smiles remembering friends.

Nancy then shared the leather-bound volume with the names written in calligraphy by Susan Mocsny Thomas of North Carolina (then Susan Mocsny Baker from Massachusetts.) The book was kept at LLLI headquarters, but they are now kept by Susan and brought to the Friends of LLL trips where a We Remember ceremony is conducted.

Since we have not had an in-person La Leche League International Conference since 2007, the Friends of LLL began holding ceremonies in conjunction with their trips. The ceremonies have taken place in the following years and locations:

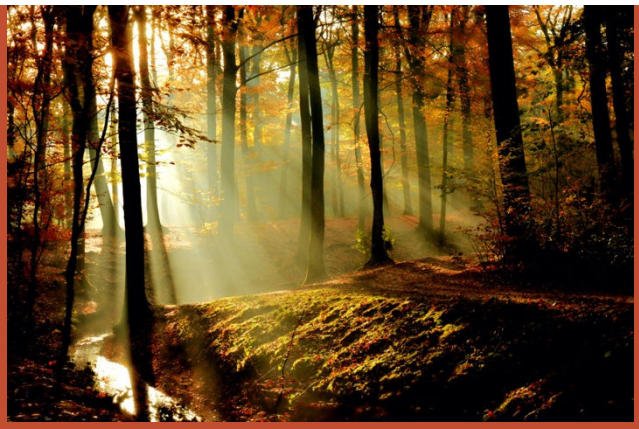
2001---LLLI Conference in Chicago, IL
2005—LLLI Conference in Washington, DC
2007—LLLI Conference in Chicago, IL
2011—Friends of LLL trip to St. Augustine, FL
2013—Friends of LLL trip to Albuquerque, NM
2015—Friends of LLL trip to Charleston, SC
2017—Friends of LLL trip to San Diego, CA
2019—Friends of LLL trip to New Orleans, LA
And now, 2021 at the LLLLI 65th Anniversary Virtual Conference

The We Remember list may be accessed on the Friends of LLL website at any time. We appreciate receiving any names you know about. There is a link to a form on the website you can fill out on your computer, tablet, or phone, complete with a place you can enter the link to an obituary. Once submitted, we make sure that name is put on the list on the We Remember page and that the calligraphy is done in the book.

So far, we have memorialized 420 of our Leaders.

Today we add 43 departed Leaders whose names we have received since 2019.

The listing on the website and here in *Continuum* adds submissions since August 2021.



We are thankful for our memories of friends and fellow volunteers who are no longer with us.

We Remember: A Friends of La Leche League Tradition

"So as we live, they too shall live, for they are now a part of us, as we remember them."

"We Remember" is a tradition started by the Friends of La Leche League in 2001. We pay tribute to Leaders who have died.

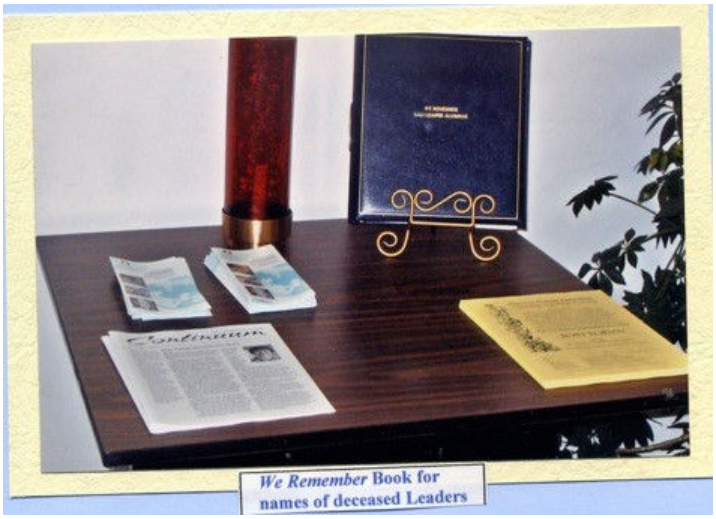
Throughout the history of La Leche League, we have connected to each other on a deep level across countries and cultures. Part of our mission as Friends of LLL is to keep connections strong as we remember and appreciate those who have died.

Leaders' names are recorded in calligraphy in the "We Remember" album by Susan Mocsny Thomas and posted on the Friends of LLL We Remember page. We also have a special event at each Friends of LLL trip. If a deceased Leader's name is missing from this list, please **send us the information** here. Include the Leader's name, year of death, and location (country, state/province) where Leader was active. If available, submit year of birth and obituary link. Or email these details to WeRemember@friendsoflll.org. When possible, include an obituary link.

So far in 2021, we have heard of the passing of these Leaders:

Christine Bruni ~ Germany
Susan Clarke ~ Quebec Canada
Carol Esposito ~ Illinois United States
Kathy Funston ~ California United States
Jane Timberlake Helwig ~ North Carolina United States
Stephanie Jordan ~ Georgia United States
Janet Lathan ~ Maryland United States
Silvia Llenas ~ Argentina
Mary Ann Maiers ~ Wisconsin United States
Marilyn "Lynn" Moen ~ Washington United States
Beth Ann O'Donnell ~ Massachusetts United States
Karen Margaret Hill Pearce ~ Nova Scotia Canada
Kathleen "Kady" Rachford ~ Illinois United States
Elizabeth "Willow" Willoughby Newton Reed ~ Tennessee United States
Alice Roddy ~ Virginia United States
Karen Rusher ~ New Jersey United States
Marilyn Schroeder ~ Ohio United States
Terry Stafford ~ British Columbia Canada
Judith Marie Wilson ~ Montana United States

The We Remember book and candle as they once were displayed at the LLLI offices in Schaumburg, Illinois.
Susan Mocsny Thomas now keeps the two books in safekeeping and maintains the calligraphy listing at her home.



Tributes

These are the tributes to Leaders and friends of La Leche League that are current. Want to honor someone with a tribute? Use these instructions and form to submit them.

Tributes through December 2022

Honoring **Terry Stafford,** Salt Spring Island, British Columbia, Canada
"Terry Stafford's Power-Surge Friends treasure and honor her memory, and her love and service to children, families, and LLL."
From **Power-Surge Friends**
10/11/2021 – 10/11/2022

Honoring **Terry Stafford,** Salt Spring Island, British Columbia, Canada
"In loving memory of my friend."
From **Carroll Beckham**, Pine Knoll Shores, North Carolina USA
9/7/2021 – 9/7/2022

Honoring **Terry Stafford,** Salt Spring Island, British Columbia, Canada
"With gratitude for all you have shared with your friends in LLL, from your books to Flat Terry to Wildwood School to meeting the man of your dreams … to sharing your journey with love and humor, right to the end of life. You'll be forever in my heart."
From **Sue Ann Kendall**, Cameron, Texas USA
8/4/2021 – 8/4/2022

Tributes through April 2022

Honoring **Jody Nathanson,** Redondo Beach, California USA
"Jody was a mother to me, when I was an 18 year old new mother . . . She joyfully answered my calls and spent untold time as I became one of the youngest Leaders ever!"
From **Kim Moreno**, Coronado, California USA
4/10/2021 – 4/10/2022

Honoring **Karen Rusher,** Toms River, New Jersey USA
"In memory of Karen Rusher, LLL Leader and friend."
From **Sue Hudler**, Toms River, New Jersey USA
2/25/2021 – 2/25/2022

Honoring **Paula Clay,** Houston, Texas USA
"For being a long-time friend and inspiration, and for all you have done to help breastfeeding mothers and babies in your life, through your work as an LLL Leader, and through your volunteering with Friends of La Leche League."
From **Anne Hutton**, Houston, Texas USA
1/9/2021 – 1/9/2022

Tributes through December 2021

Honoring **Jo Linsley (Nancy Jo Bykowski),** North Aurora, Illinois USA
"My friend, colleague, partner in ridiculousness. You taught me how to edit an LLL publication with grace and humor and you let me cry all over you way too many times. You made New Beginnings great."
From **Sue Ann Kendall**, Cameron, Texas USA
12/31/2020 – 12/31/2021

Honoring **Agnes McPheeters, RN (Jan 3, 1948 – Nov 19, 2020)**
"Agnes and I immediately connected at a FL LLL meeting in 1975, where we were both breastfeeding our first-born babies. She became Godmother to my third son and we stayed cherished friends for 45 years.
As a RN contracted by the US Army, Agnes served the wounded soldiers in Saudi Arabia. While not an LLL Leader, she was happy to help the soldiers' wives breastfeed when there were no other resources available.
Agness McPheeters has a daughter, son-in-law, and two healthy breastfed grandsons. She will be missed, but remembered and praised by many."
From **Lou Ellen Boyes**, North Palm Beach, Florida USA
12/19/2020 – 12/19/2021

Honoring **Evy Simon,** Philadelphia, Pennsylvania USA
"In honor of my friend, retired LLL Leader, Evy Simon."
From **Carroll Beckham**, Pine Knoll Shores, North Carolina USA
12/15/2020 – 12/15/2021

Honoring **Joan Lucille Brennan Moak Gerosa Barbour**
"Loving mother of Friends of LLL Board President, Gail Moak."
From **Edna Kelly**, Houston, Texas USA
12/10/2020 – 12/10/2021

How can a plant called Devil's Claw have such beautiful flowers?

Thanks to Our Donors

Friends of La Leche League is very lucky to have a wonderful group of donors who enable our organization to thrive and who fund out activities and projects. Here is a list of the donations we have received for recent projects.

Friends of La Leche League gratefully acknowledges the generosity of those who have contributed to the organization. If your name has been omitted, misspelled or listed incorrectly, please accept our sincerest apology and inform us by contacting Treasurer Anne Hutton at Treasurer@FriendsofLLL.org.

Restricted Donations for Mini-Grants, April 2021 to Present

Terry Stafford's Power-Surge Friends

Unrestricted Donations, April 2021 to Present:

Anonymous (2 donors)
Connie Davis
Mary Gisch
Anne Hutton
Andrea LaMar

In-Kind Donation, 2021:

Jane Tuttle

Donate

A Letter from the LLLI Board

Dear generous LLLI supporters,

We would like to say a huge thank you to those of you who have already had time to set up your Cause Vox page! It has been really inspiring to see the speed at which some of you got your pages up and amazing to see donations start to come in already! Thank you so much for

joining our end of year fundraising community for LLLI.

If you haven't been able to set up your Case Vox page yet nor invited anyone to fundraise with you, that is no problem at all. There is still plenty of time to participate and to share the link with colleagues, family and friends. The campaign is live now and will carry on until the 31st December 2021. Once you have created a page, you can send the link to potential donors over text, email or WhatsApp, or you can share it on social media with friends and family who could be interested to know more about what you and all of us do to support breastfeeding through LLLI.

Take a look at the link here LLLI Year End 2021 (causevox.com)

To help you fundraise, we've put together a fundraising toolkit (https://drive.google.com/drive/u/2/folders/1PXIEK59bUxRULIgFp8pNhfQTl3e7bz3C) full of resources to help you reach your fundraising goal. This includes sample letters, photos, videos, and everything you need to quickly set up a fundraising page.

If you have any technical questions about setting up your page, need inspiration with wording, or have any practical questions from donors about how the money supports our mission, please reach out to us via email at johanna.rhys-davies@hotmail.co.uk(mailto:johanna.rhys-davies@hotmail.co.uk), charlene@llli.org(mailto:charlene@llli.org), or melissa@llli.org(mailto:melissa@llli.org).

Thank you so much for everything you each do for LLLI!

With gratitude,

Jo, Charlene and Melissa

Call for Articles

We hope all the celebrations and good news in this online *Continuum* have brightened your day. We would love to hear from you, whether an article, an idea, a photo, or something else. What's going on in your life? Did you safely get together with an LLL friend from the past? Is there something you wish you'd seen here? Send Sue Ann an email with an idea, some words, or a picture that you'd like to share with fellow Friends of LLL. Contributions can be long, short, or in between. We would like to see articles about various stages of parenting, all the way through the years, memories of special Leaders, members, or friends of our organization, notices of books by former Leaders, and photos (especially photos!) of friends enjoying life.

Not a writer? Not a problem! Sue Ann's an editor! Send us whatever you have, and it will be just fine.